

Fairthorne Manor activity descriptions

<p>Archery</p>	<p>Archery ranges provide an opportunity to develop dexterity, control and precision! Adjustable target ranges are geared to every age group and participants will be given bows and arrows to match their individual strength and size.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Personal Goal setting - Patience - Precision, trial and error - Mathematics
<p>Challenge activities</p>	<p>Blind Trail Blindfolded, a team of participants are encouraged to work together to navigate their way through a series of tasks and obstacles. An invaluable activity to instil a sense of trust, support and co-operation amongst team members.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Confidence and communication skills - Encourages teamwork and builds trust - Develops tactical and strategic thinking <p>Low Ropes Course Perfect for all ages, our low ropes challenge course encourages communication and co-operation, helping participants build confidence, develop balance and improve co-ordination as they navigate their way through a series of low rope elements in our woodland.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Co-ordination and balance - Trust in others - Communication Skills <p>Obstacle Course Particularly good for younger age groups, obstacle course encourages communication and co-operation and helps participants build confidence and develop balance and co-ordination as they navigate their way through a series of obstacles.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Coordination and balance - Trust in others - Communication Skills <p>Pioneering Pioneering encourages co-operation and leadership skills by teaching participants knots and encouraging them to use their imagination to build a structure of their choice.</p>

	<p>Learning outcomes</p> <ul style="list-style-type: none"> - Creativity - Teamwork skills - Coordination and balance - Dexterity and knot tying <p>Team Challenge Venture into the forest and work as a team to navigate the assault course. Solve puzzles, develop communication skills and practice strategy and tactics to succeed.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Teamwork and strategic thinking - Tactical planning and goal setting - Physical fitness
<p>Ecology activities</p>	<p>Land Ecology Pupils are introduced to Fairthorne’s “wet-woodland” and set a variety of fun and exciting tasks to help explore this peaceful environment. Using their senses, pupils are encouraged to discover the wonders of the woodland, and the ecosystems it contains. We also go on a bug hunt, discovering a wide variety of minibeasts, identifying them using keys and charts. Pupils are encouraged to make links between where they were found, and the adaptations that make them suited for that environment.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Environmental awareness - Habitats - Analytical thinking <p>Water Ecology Investigate the fauna which thrive in and around our pond, stream and estuary environments. Each habitat is explored in teams using keys and charts to aid identification, and links drawn between the three sites, covering both fresh and salt water. We study the organisms caught in our nets, and consider the adaptations which make them suited for their respective environments. We also consider how fragile these environments are, and how human activity can affect them, both positively and negatively.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Environmental awareness - Habitats - Analytical thinking
<p>High Ropes activities</p>	<p>Aerial Runway Experience the thrill of the ride down our zip wire from a raised platform on one of our most exhilarating activities! The thrill of achievement is powerful, increasing confidence and personal achievement through conquering fears of heights or speed. Safety harnesses & helmets are provided.</p>

Abseiling

Participants steel their nerves and overcome any fear of heights by ascending the ladders to the top of our abseiling tower and walking down our purpose-built abseiling wall. Instructors carefully support and guide each participant to navigate their way through the activity and safely back to the ground

Learning outcomes

- Personal Goal Setting
- Build Trust
- Listening Skills

Climbing

Participants often find our climbing activities to be amongst the most challenging and the most satisfying in terms of individual achievement. Our purpose-built climbing wall and tower provide the ideal opportunity for participants to develop co-ordination, stamina and determination as they learn basic climbing skills and techniques.

Learning outcomes

- Confidence at height
- Personal Goal setting
- Communication Skills
- Builds Trust in others

Crate Challenge

Groups divide into a number of roles to build a high tower of empty milk crates. You have to stand on top of them while you build them. The course is designed to encourage and improve team working skills and help individuals improve their balance and coordination.

Learning outcomes

- Confidence at height
- Personal Goal setting
- Communication Skills
- Builds Trust in others

Jacob's Ladder

The activity consists of an 8m high giant ladder constructed from wire cables and poles. Success on this challenge will depend on planning, teamwork, support and motivation.

Climb the ladder in teams of two, three or four. There's a twist in the tail though: the rungs get further apart the higher you go!

Learning outcomes

- Confidence at height
- Personal Goal setting
- Communication Skills
- Builds Trust in others

<p>Initiative Tests</p>	<p>Participants work in small teams to both analyse and ultimately solve a number of clearly defined problems. This involves working with a variety of puzzles, tasks and activities. Teamwork, planning and critical decision making are essential skills to build upon in order to achieve success.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Analytical Thinking - Communication Skills - Trust in others - Sensory deprivation/Appreciation
<p>Orienteering /Compass Skills</p>	<p>Pupils are introduced to compasses and orienteering maps through the use of fun challenges around our 111 acre site. Following an introduction, instruction and small group coaching in a small area, groups are then have to plan how they are going to locate a selection of points around the site to gather information in the form of a competition. A great practical session that involves team co-operation and the need for participants to agree objectives.</p> <p>Learning objectives</p> <ul style="list-style-type: none"> - Basic map reading skills - Leadership skills - Coordination and strategic thinking
<p>Survival Skills activities</p>	<p>Bush craft Building</p> <p>This creative session involves groups constructing a wide range of items out of their natural environment. With assistance from our staff, participants work out what they would like to construct and then work how they are going to do it with what they can find around them. A great team experience that involves them working closely together to achieve an agreed objective.</p> <p>Learning objectives</p> <ul style="list-style-type: none"> - Creativity - Environmental awareness - Communication Skills <p>Camouflage and Tracking</p> <p>Groups first of all consider why camouflage is important to wildlife and what techniques birds, animals and insects use to protect themselves. This is then followed by participants considering their immediate environment and developing methods of camouflaging themselves and their friends. Tracking techniques are also provided with the session resulting in the participants attempting to hide from and find each other within a defined area.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Environmental awareness - Patience - Strategy and critical thinking <p>Campfire Skills</p> <p>Using one of our many woodland locations, groups learn basic facts about fires, the fire triangle, construction of campfires and fire general fire safety. With expert coaching, participants learn how to gather the right materials and consider the best designs of fires for various conditions as well as how to light them using a variety of techniques.</p>

	<p>Learning outcomes</p> <ul style="list-style-type: none"> - Safety around fire - Importance of listening to safety briefs - Environmental awareness <p>Den Building</p> <p>Pupils trek out into Fairthorne’s woodland to set-up camp. Groups learn about basis construction techniques, the best locations to set up camp, materials to use and those to avoid as well as a few top tips and handy hints on design. Then in small groups, participants will attempt to build waterproof shelters to protect them from the elements, we then test their creations to see if they up to standard!</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Creativity - Weather awareness
<p>Water based activities</p>	<p>Bell Boating & Canoeing</p> <p>Our open canoes and bell boats used are suitable for everybody including those with special needs. Canoes may be used singly or as a raft with two lashed together if extra stability is needed. Each canoe usually seats 3 or 4 participants, all of whom may paddle. The bell boats can carry 12 people, 6 each side.</p> <p>When the group is safely on the water they can journey either up the River Hamble towards Botley or down towards Curdrige, with plenty of opportunities to spot wildlife and tell stories.</p> <p>All staff are BCU qualified instructors and we are licensed for our watersports by the Adventurous Activities Licensing Authority (AALA).</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Water Confidence - Physical Fitness - Teamwork and Communication <p>Boat Trip</p> <p>Take your entire group on a journey up the river in 12 person drascombe gigs, taking in the sights and sounds of the beautiful River Hamble. You may even get a chance to pilot the vessel yourself.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Communication skills - Balance and coordination <p>Kayaking</p> <p>Pupils learn kayaking skills & develop their technique and confidence through a variety of games & exercises.</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> - Water Confidence - Physical Fitness - Teamwork and Communication

Raft Building

A great activity for learning the intricacies of team working, leadership, planning & problem solving, but more importantly how not to get wet! Participants work together to design and build their raft out of barrels, logs and rope and take to the water to test out their craft.

Learning outcomes

- Creativity
- Teamwork skills
- Coordination and balance
- Dexterity and knot tying
- Water confidence

Sailing

Participants taking part in sailing not only have a great time but also learn some of the basics of sailing a craft under the guidance of our RYA qualified staff.

Learning outcomes

- Water Confidence
- Physical Fitness
- Teamwork and Communication
- Weather awareness

X-Stream

Venture into the water and work as a team to navigate the obstacles. Communication is key to keep your team together and complete the stream exploration.

Learning outcomes

- Confidence and communication skills
- Encourages teamwork and builds trust
- Develops tactical and strategic thinking

Residential groups are offered evening activities which may include:

Aqua Slide - It's wet and wild! Participants take a long run up and launch themselves down a slippery slide that utilizes Fairthorne's terraced lawn, guaranteeing a good soaking and an exhilarating ride.

Learning outcomes

- Personal Goal Setting
- Precision, trial and error

Jumpy Pillow

An outdoor giant air filled pillow that's a cross between a trampoline and an inflatable, our pillow is a fantastic play option for young and old. Bounce around or enjoy some of our themed games, but be sure not to tire yourself out too soon!

Sports & Games

Exactly what it says on the tin. Fairthorne Manor staff will lead your group through an evening of organized team games like football or basketball. Mixed in with slightly lesser known games such as splat or rob the nest. Dependent on weather, this activity will take place in the Fairthorne grounds or inside our own indoor sports hall.

Learning outcomes

- Physical fitness
- Team cohesion & leadership skills
- Strategy and tactics

Campfire

Join the Fairthorne Manor staff for an evenings entertainment around our 600 seat Amphitheatre. The team will sing songs and perform skits. With everyone invited to join in the fun. You may even like to prepare a performance yourselves...

Learning outcomes

- Public speaking & performing
- Creativity Planning

Disco

Join the Fairthorne Manor staff for an evening of dancing and games at our very own Fairthorne Disco. Exclusively for Fairthorne residents, the Disco is a lively way to pass the time after a long day of activities.

Learning outcomes

- Public Performance & creativity

Wide games

Utilizing the grounds at Fairthorne Manor. Your group will take part in an array of games designed to cover large areas of safe and accessible land. Either in trees or on our field games such as capture the flag and jail break will keep groups entertained. Whilst also testing some of the skills learnt during the day time activities.

Learning outcomes

- Team work and Strategic thinking
- Physical fitness
- Spatial and area awareness

Please contact us to discuss your requirements.