

Newtown Youth & Community Centre's Timetable

Time	Monday
5pm – 7pm	Youth Club Session 8 – 19 years
	Tuesday
4:30pm – 6pm	Saints Kick multi sports 8 – 11 years
	Wednesday
9:30am – 11am	Free Community Breakfast
12:30pm – 2pm	Over 55's Walking Cricket run by Saints Foundation
4pm - 6pm	Youth Club Session 8 – 19 years
6pm – 7:30pm	Football Training Session 12 + years
	Thursday
6pm – 7pm	PLM Dance Company Open Street Dance 7 – 11 years
	Friday
5pm – 6pm	Cricket Session 8 – 19 years
5:30pm – 6:30pm	Saints Boxing Session 8 – 19 years
6:30pm – 8:30pm	Youth Club Session & DJ Workshop 8 – 19 years

Women's only Fitness sessions

Monday's –
Strength Training
7.15 – 8.15pm
£3 per session

Saturday's –
Insanity
10.15 – 11.15am
£5 per session

Enquiries:
Kalsoom Ramzan

soomaramzan@google
mail.com

Venue Hire

We offer a wide range of rooms for any occasion, business or meeting. To find out more on availability and pricing visit our website or give us a call on 02380 330007

Your Community Staff:

Sharlien Kennedy – Newtown Youth & Community Centre Community Manager
Daniel Mason & Ryan Smith – Community Youth Workers

Newtown Pre-school

The children at Newtown Preschool have been exploring different ways to make marks on paper using paint with different sized cars. A fun way to learn pre writing skills and early maths.



If you would like to book a Pre-school space or have a visit, just pop on down or call our Pre-school manager Manjort on 02380 221260



Your local
community
charity

YMCA Newtown Youth & Community Centre,
Graham Road, SO14 0AW



www.ymca-fg.org



Southampton Community Groups come together to mark International Women's Day

On Friday 8th March YMCA celebrated International Women's Day with women from around the city at Newtown Youth and Community Centre.

With partner groups including the Hampshire Constabulary, Saints Foundation, TUVAA, Bantaba, Unity 101, COSMO, ASDA, Muslim Council of Southampton, Women's Integration Group and West Itchen Community Trust. And most of all the volunteers that supported us on the day.

The focus of the day was to empower women, promote women's rights and celebrate the voice of women in the community.

Activities included music and dance, health and fitness, beauty advice, sexual health advice and refreshments, a raffle and prizes.

Volunteer recognition awards were presented by Parvin Damani and Satvir Kaur, to ladies from around the city who have contributed to empowering women in our communities.



“ I would like to say a big thank you for a wonderful event. The ladies serving us did a kind and wonderful gesture giving up their chance of being pampered as we were. You made everyone's day yet again on woman's day brilliant. The food and prizes were amazing. My daughter said anytime you wish for a extra pair of hands she would love to help. You ladies should of had an award as volunteers like me. ”

YMCA
COMMUNITY CUPBOARD

Give what you can, take what you need.

- Clothes (all ages)
- Toiletries
- Toys
- Household Items

All that we ask is for items to be in good, clean condition. Donate as you would expect to receive.

Open to the whole community, please help yourself!

Cupboard Open:
Monday – Friday, 9am – 4pm

Newtown Youth & Community Centre, Graham Road, Southampton, SO14 0AW

Sharlien.kennedy@ymca-fg.org 02380 330007 www.ymca-fg.org

Your local community charity



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Welcoming

Active

Listening

Inspiring

Caring

Exciting